

BREAKFAST

SERVED FROM 7:00AM - 3:00PM

STARTERS

TODAY'S PASTRIES	MP
HALF GRAPEFRUIT — Organic Cane Sugar	4
STRAINED YOGURT — Fruit Preserves, Peanut Butter Granola, Banana	6
GRANOLA & ALMOND MILK — Blueberries & Banana, Served Hot or Cold	4
TWO EGGS YOUR WAY & CHOICE OF TOAST	5
+ Substitute Polenta Dusted Crisp Tofu	
+ Wilted Greens with Sesame Garlic Oil	3.5
+ Hash Brown Potatoes	3
+ Curried Lentils with Scallion, Cilantro	3
+ Choice of Breakfast Meats: Maple Glazed Bacon/Sage Breakfast Sausage/Smoked Salmon	4

BREAKFAST SANDWICHES

PORK KATSU — Breaded Pork Cutlet, Cabbage Slaw, Sunny Egg, Fireball Mayonnaise, Field & Fire Bun	10
SMOKED SALMON — Dill Cream Cheese, Onion, Caper, Scrambled Egg, Field & Fire Bun	9
THE LITTLE BIRD — Fried Egg, American Cheese, Smoked Ham, Garlic Mayonnaise, Field & Fire Bun	7
CURRIED TOFU BUN — Cabbage Slaw, Chick Pea, Cilantro, Vegan Bun	8

SIDES

Single Egg	2
House Made English Muffin or Sourdough Toast	2
Hash Brown Potatoes	3.5
Wilted Greens — Sesame Garlic Oil	3.5
Curried French Lentils with Madras Curry, Cilantro	3
Polenta Dusted Crisp Tofu	4
Breakfast Meats:	
Pastured Pork Sausage Patties	4
Bacon (4) with Maple Glaze	4
Smoked Salmon with Chive	4

FEATURES

GOAT CHEESE CHIVE THREE EGG OMELET — Fruit, Petite Salad, Toast	11
Your Choice of: American Style - Fully Cooked Slightly Browned French Style - Tender & Slightly Undercooked	
AVOCADO TOAST — Griddled English Muffin, Fried Kale, Red Cabbage Slaw, Pickled Onion	8
+ Soft Boiled Eggs	3
+ Smoked Salmon	4
+ Polenta Dusted Crisp Tofu	3
BISCUITS & MUSHROOM GRAVY — Buttermilk Drop Biscuits, Leek, Sunny Egg, Sweet Cream, Select Mushrooms, Cracked Pepper	11
+ Sage Breakfast Sausage	4
FRENCH TOAST — Japanese Milk Bread with Sour Cherry, Citrus Cream Cheese, Maple Syrup, Pecan	11
FARMER'S SOFT SCRAMBLE — Triple Creme Dutch Gouda, Chopped Herbs, Kale, Raw & Cooked Market Vegetables, Maple Tamari Glaze	13
EGGS IN PURGATORY — Sunny Eggs, Tomato & Eggplant Curry, Lentil, Feta, Lamb Merguez Sausage, Parsley, Mint, Cucumber	14
CHICKEN & RICE BOWL — Chicken & Mushroom Broth, Soft Boiled Egg, Jasmine Rice, Carrot, Scallion, Cabbage, Mushroom, Nori, Onion	13
FULL ENGLISH — Egg to Order, Mushrooms, Baked Beans, Blistered Tomato, Little Bird Hash Browns, Breakfast Sausage Patty, Bacon, Toasted English Muffin	15

KITCHEN FAVORITES

SOFT SCRAMBLE — Three Eggs, Tinned Sardines, Greens, Scallion, English Muffin	13
KIMCHI HASH BROWNS — Mushroom, Onion, Cauliflower, Kale, Kimchi, Soy Maple Glaze, Sunny Egg	12

LUNCH

SERVED FROM 10:30AM - 3:00PM

SANDWICHES

Add a Side of Hash Brown Potatoes or Side Salad
to any Sandwich 2

GRILLED CHEESE — Cheddar, Mature Gouda,
Dill Pickles, Japanese Milk Bread 8
+ Crisp Pork Belly 3

FRIED BOLOGNA — Dijon Mayonnaise, Frisee, Melty
Cheddar, Pickled Onions, Field & Fire Bun 10
+ Sunny Egg 2

CHEESEBURGER — Two Pastured Beef Patties,
American Cheese, Dijon Mayonnaise,
Dill Pickles, Field & Fire Bun 11
+ Sunny Egg 2
+ Pork Belly 3

Ask your server about menu items that are cooked to order or served
raw. Consuming raw or undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of foodborne illness.

SOUPS

FRENCH LENTIL — Toasted Cumin, Turmeric,
Sumac, Herbs 4/7

CHICKEN — Jasmine Rice, Scallion, Soft Boiled Egg,
Raw & Cooked Vegetables, Chicken and
Pork Belly 5/8

SALADS

CHOP — Shaved & Chopped Vegetables, Frisee,
Toasted Quinoa, Ginger Pickled Raisin, Turmeric
Vinaigrette, Toasted Pepitas 9

TORN LETTUCE SALAD — Garden Greens, Balsamic
Vinaigrette, Radish, Carrot 4/7

CAULIFLOWER CAESAR — Kale, Potato Chips,
Mature Gouda 9
+ Sardines 4.5

BEVERAGES

COFFEE

Coffee 3.5
Americano 3/3.25
Cappuccino 3.5
Cortado 3.25
Espresso 2.25
Latte 4
Macchiato 3
+ Add Syrup — Chocolate/Vanilla/Miel 1

TEA

Chai 4.5/5
Matcha Latte 4
Hot Chocolate & Steamers 3
Hot Tea — Earl Gray/Chamomile/Jasmine/
Hong Cha Java Black/Roasted Almond 2.75
Ice Tea 2.75

FOUNTAIN DRINKS

Little Bird Red Pop 3.5
Chocolate Soda 3.5
Vanilla Soda 3.5
Celery Soda 3.5
Black Licorice Soda 3.5
Egg Cremes — Chocolate/Vanilla/Special 4

JUICE & OTHER

Fresh Squeezed Orange Juice 4
Organic Juice Box 1.5
Milk, Soy, or Almond Beverage 2
Mexican Coke 3
Diet Coke 3
Verners Ginger Ale 3
Fevertree Tonic 3
Carafe of Sparkling Water 3